

LGBT Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers in the Greater Hartford area to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

Avon Senior Center 635 West Avon Road Avon, CT 06001

Thursday, June 9, 2016 2:00 p.m.-7:00 p.m. Please RSVP by June 6th 860-675-4355 or email jbennett@avonct.gov

SCHEDULE	Come for some, come for all! Not into formal activities? Cards, games and billiards are always available.
2:00 p.m.	Welcome & Tour of Senior Center There will be snacks to enjoy!
2:30 p.m.	June is Safety Month! Join us for a talk on Safety by the Farmington Valley Health District
3:15 p.m.	Stretching & Light Exercise with Billy
4:00 p.m.	Coloring or Games
5:00 p.m.	Dinner
6:00 p.m.	Guest Speaker – Ann Stanback
7:00 p.m.	Thank you for coming and enjoy PRIDE MONTH!

If you require accommodations, including dietary, please let us know ASAP!

The LGBT Moveable Senior Center is sponsored by CCCI as part of "Getting it Right: Creating an LGBT-Responsive Organization," a project funded by the John H. and Ethel G. Noble Charitable Trust and guided by CT LGBT Aging Advocacy





